



Thalasso Wellness Centar Opatija
Medical Spa

***PRAVILA PONAŠANJA
ZA KLIJENTE
THALASSO WELLNESS CENTRA OPATIJA***

***ZONA WELLNESS
ZONA SAUNE
ZONA BAZENA***

PRAVILA PONAŠANJA ZA KLIJENTE KOJI KORISTE WELLNESS

Prilikom ulaska u prostor posjetitelji se slažu da će poštovati dolje navedena pravila i prihvaćaju ista:

1. Korištenje usluga Wellness centra regulirano je cjenikom
2. Osoblje i centar ne odgovara za Vaše stvari pohranjene u garderobi, niti za izgubljene stvari i predmete
3. Molimo Vas da ručnik i ogrtač prije odlaska vratite na Wellness recepciju.
4. Posjetitelji trebaju imati prikladnu obuću za prostor Wellnessa, pogotovo fitnessa, te mogu ponijeti i svoj ručnik
5. Centar s osobljem ne odgovara za moguće zdravstvene probleme ili ozlijede nastale unutar centra. Svaki novi ili neiskusni posjetitelj može pitati za potreban savjet osoblje
6. Nije dozvoljeno:
 - Unošenje hrane i pića
 - Pušenje u prostoru Wellness centra
 - Ulaz kućnim ljubimcima u prostor Wellness centra i spa zone (saune i bazena)
 - Korištenje mobitela nije primjereno
 - Unošenje i uporaba bilo kakvih droga, stimulansa i zakonski nedozvoljenih sredstava
 - Govor mržnje i fizičko razrješavanje sukoba unutar prostora
7. Molimo također:
 - Poštujte privatnost i intimnost drugih posjetitelja. Mir je osnovni uvjet za ugodno provedeno vrijeme u Wellness centru. Glasan razgovor i vika nisu primjereni
 - Zatvarajte vrata kada ulazite/izlazite iz prostora.
8. Wellness centar zadržava pravo zabraniti ulaz pojedincima neprimjerenog ponašanja. Također zadržavamo pravo udaljiti iz prostora osobe koje se ne pridržavaju navedenih pravila i upozorenja bez povrata novca. Pojedincima može biti i trajno uskraćeno pravo posjeta

Napomena - Sve prostore i sadržaje Wellness-a koristite na vlastitu odgovornost

Zahvaljujemo Vam na razumijevanju. Sa svim željama, prijedlozima i pitanjima slobodno se obratite našem osoblju ili ih pošaljite na mail recepcija-wellness@tto.hr

Thalasso Wellness Centar Opatija s osobljem želi Vam ugodan boravak!

HOUSE RULES FOR CLIENTS THAT ARE USING WELLNESS FACILITIES

Entering the Wellness area visitors agree to respect and accept house rules down below:

1. Use of the Wellness center facilities is regulated by the hotel price list
2. Our personnel nor the center is responsible for your belongings in the changing room or lost belongings.
3. Please return the towel to the Wellness Reception before you leave the center.
4. Visitors need to have appropriate footwear in the Wellness area, fitness and also can bring their own towel.
5. The center with its personnel is not responsible for medical conditions or injuries that happened inside the Wellness center. New or unexperienced clients can ask our staff for an advice
6. It is not allowed:
 - Bringing your own food and beverage
 - Smoking in the area of Wellness center
 - Entrance of pets in Wellness center and spa area (saunas and pool area)
 - Use of mobile phones is not appropriate
 - Bringing and using any kind of drugs and stimulants that are legally unauthorized
 - Hate speech and physical conflict in the Wellness center
7. Also, please:
 - Respect privacy and intimacy of others. Peace is the basic requirement for pleasantly spent time in the wellness center
 - Close the door when entering/leaving the area.

 - The center reserves the right to prohibit the entrance to the individuals with inappropriate behavior, and also to immediately remove visitors who do not adhere to the house rules and warnings without money refund

Note - Use of all wellness facilities at your own risk

Thank you for your understanding. If you have any suggestions or questions please refer to our Wellness personnel or kindly send us an email recepcija-wellness@tto.hr

Thalasso Wellness Center Opatija and his staff wishes you a pleasant stay!

PRAVILA PONAŠANJA ZA KLIJENTE KOJI KORISTE ZONU SAUNA – SPA ZONA

Prilikom korištenja Spa zone posjetitelji se slažu da će poštovati dolje navedena pravila i prihvaćaju ista:

- 1. Obavezno tuširanje prije korištenja sauna**
2. U saunama obavezno koristite ručnik i / ili plahtu za saune, poštujujte intimnost i privatnost
3. U saune ulazite brzo. Vrata saune brzo zatvarajte, kako hladan zrak ne bi ušao u saunu. U **finskoj sauni** sjednite na klupu, gdje ima slobodnog mjesta. **Stavite ručnik, odnosno plahtu ispod svih dijelova tijela i stopala.** Ako ima dovoljno mjesta, možete ispružiti noge ili leći na leđa. Bitno je biti obazriv prema drugim korisnicima i dozvoliti si taj „luksuz“ samo ukoliko za to ima dovoljno mjesta na klupama.
U parnoj kupelji koristiti tzv. Kneipp crijevo sa kojim ispirete mjesto na kojem ćete sjediti **prije i poslije korištenja**
4. Mir je osnovni uvjet za ugodno provedeno vrijeme u sauni. Glasan razgovor u sauni nije primjeren. Isto se odnosi za prostore relax-a
5. Poštujte pisana i nepisana pravila korištenja sauna. Kada posjećujete saune prvi put, obratite se našim djelatnicima za pravila, procedure korištenja i ponašanje
- 6.
7. Prije ulaska u saunu, obuću treba obavezno izuti i ostaviti ispred saune
8. U finskoj sauni povremeno se možete premještati na niže ili više klupe, ukoliko se ne osjećate ugodno zbog više ili niže temperature
9. Peć u finskoj sauni polijevamo sami, molimo Vas da uzmete u obzir da su i druge osobe s Vama u sauni
10. Nakon izlaska iz sauna najprije se tuširajte. Prije ulaska u bazen također se trebate tuširati. Svi prisutni bolje će se osjećati, a to nalažu i pravila higijene
11. Odmarajte se dovoljno i intenzivno između korištenja sauna. Kada ste u prostoru izvan sauna, umotajte se u ručnik, plahtu ili ogrtač
12. Ne ulazite u saunu ukoliko ste prije toga konzumirali alkohol

Napomena - Sve prostore i sadržaje Wellness-a koristite na vlastitu odgovornost

Zahvaljujemo Vam na razumijevanju. Sa svim željama, prijedlozima i pitanjima slobodno se obratite našem osoblju ili ih pošaljite na mail: recepcija-wellness@tto.hr

Thalasso Wellness Centar Opatija s osobljem želi Vam ugodan boravak!

HOUSE RULES FOR CLIENTS THAT ARE USING SAUNAS – SPA AREA

Entering the Spa area visitors agree to respect and accept house rules down below:

1. It is mandatory to take a shower before using saunas
2. It is necessary to use towel and/or sauna sheet in saunas. Respect intimacy and privacy
3. Enter quickly into the saunas. The door needs to be closed quickly so the cold air wouldn't enter into the saunas.
In **Finnish sauna** please sit on the bench. Put the towel/sauna sheet underneath all parts of your body and your feet. If there is free space, you can lie down on your back. It is important to be mindful of the clients that are sharing the sauna with you.
In **Steam room** use Kneipp water tube to wash out the area you will be sitting on and after the use as well.
4. Peace is the basic requirement for pleasantly spent time in the saunas. Talking loudly in saunas and relaxing area is not appropriate.
5. Respect written and unwritten rules of how to use saunas. When visiting the saunas for the first time, please talk to our Wellness personnel regarding the house rules, procedures and appropriate behavior.
6. Before entering the sauna please remove your footwear and leave it in front of the sauna.
7. In Finnish sauna at times you can move onto the lower or higher benches if the high or low temperature makes you feel uncomfortable.
8. You can put the water onto the sauna oven when needed, so please take in consideration there are other clients in the sauna with you.
9. Take a shower after the use of sauna and before entering the pool as well. People around you will feel more comfortable as that is also a hygiene rule.
10. Rest enough and intensively between using saunas. When you are not in sauna itself, please put the towel/sauna sheet around you or bathrobe on.
11. Don't enter the sauna if you have been drinking alcohol.

Note - Use of all wellness facilities at your own risk

Thank you for your understanding. If you have any suggestions or questions please refer to our Wellness personnel or kindly send us an email recepcija-wellness@tto.hr

Thalasso Wellness Center Opatija and his staff wishes you a pleasant stay!

PRAVILA PONAŠANJA KLIJENTE KOJI KORISTE PROSTOR BAZENA

Prilikom korištenja bazena posjetitelji se slažu da će poštovati dolje navedena pravila i prihvaćaju ista:

1. Korištenje bazena dozvoljeno je osobama u kupaćem kostimu (nije dozvoljeno je kupanje u donjem rublju, majicama i slično)
2. Kod korištenja ležaljki za relax, molimo da to bude jedna ležaljka po osobi. Kada napuštate prostor bazena i relax zone, ponesite sa sobom prljave ručnike kako bi ležaljka ostala slobodna za idućeg korisnika
3. Korisnici sa otvorenim i inficiranim ranama ili zaraznim kožnim oboljenjima ne smiju ulaziti u bazen
4. U prostor bazena nije dozvoljen ulazak u cipelama, unošenje hrane, pića kao i staklenih lomljivih predmeta
5. Nije dozvoljeno je skakanje i guranje u vodu, ometati druge posjetitelje
6. Nije primjerena galama i upotreba muzičkih instrumenata, korištenje mobilnih aparata, bacanje otpadaka van predviđenih kanti za smeće
7. Za novac i vrijednosti, osoblje ne odgovara
8. Za sva oštećenja, počinitelj će snositi materijalnu odgovornost
9. Odluke dežurnog osoblja moraju se poštovati
10. Klijenti koje se ne ponašaju primjereno mogu biti zamoljeni da napuste zonu bazena
11. Poštujte radno vrijeme bazena radi održavanja vode. Kupanje van radnog vremena nije dozvoljeno

Napomena - Sve prostore i sadržaje Wellness-a koristite na vlastitu odgovornost

Zahvaljujemo Vam na razumijevanju. Sa svim željama, prijedlozima i pitanjima slobodno se obratite našem osoblju ili ih pošaljite na mail: repcija-wellness@tto.hr

Thalasso Wellness Centar Opatija s osobljem želi Vam ugodan boravak!

HOUSE RULES FOR CLIENTS THAT ARE USING POOL AREA

Visitors agree to respect and accept house rules listed down below by using the swimming pool:

1. It is mandatory to wear swimsuit in the pool (it's forbidden to swim in your underwear, shirts, etc.)
2. We kindly ask you to use one deck chair per person. When you are leaving the area take your towels with you so other guest can use the deck chair
3. Swimmers with open and infected wounds are not allowed to use the swimming pool
4. Entering the pool area in your shoes is not allowed as well as bringing food, beverages or glassware
5. It is forbidden to jump in the pool, disturbing other clients, and causing any kind of fight.
6. It is forbidden to urinate inside of the pool
7. We kindly ask you not to make any loud noises, not to use musical instruments or other loud devices and not to put garbage outside of the garbage can
8. In case of any damage, the guest will be responsible for any possible costs
9. Wellness personnel is not responsible for any lost money or other valuables
10. Decisions brought by staff on duty need to be respected by clients
11. Clients who will not behave appropriately may be kindly ask to leave the area
12. Please respect the swimming pools working hours for maintenance purposes

Note - Use of all wellness facilities at your own risk

Thank you for your understanding. If you have any suggestions or questions please refer to our Wellness personnel or kindly send us an email recepcija-wellness@tto.hr

Thalasso Wellness Center Opatija and his staff wishes you a pleasant stay!